

## Is Saving for Retirement Money Jail? Tina Kilroy and Sarah Holden on the Earn and Invest Podcast

ICI's Sarah Holden and Tina Kilroy, in conversation with host Doc G and Modern Frugality Blog's Jen Smith, discuss the state of retirement savings during the COVID-19 pandemic.

### **Listen Now**

#### **More information**

[When Will My 401\(k\) Balance Get Back on Track Again?](#)

---

Copyright © by the Investment Company Institute. All rights reserved. Information may be abridged and therefore incomplete. Communications from the Institute do not constitute, and should not be considered a substitute for, legal advice.